Finding our Way Back to Mental Health
Designing a more accessible, equitable system in Northern Virginia

Tuesday, March 15, 2022
8:00 am - 12:00 pm | Hybrid Conference

IN-PERSON*: Capital One Hall, Tysons - $75  *Proof of vaccination required
VIRTUAL: Zoom Webinar - $25

A survey from Fall 2021 indicates that an estimated 545,000 adults in Northern Virginia (28%) are experiencing symptoms of clinical anxiety or depression, a sharp increase from pre-pandemic times. But complex barriers to basic mental health services—to therapy, helpful medications, and early interventions—abound.

Join us and our panel of state and national experts for a candid discussion of the challenges of accessing basic mental health services in Northern Virginia, and what innovative ideas and opportunities may exist to address this critical issue that impacts us all.

Host
Drew Wilder
NBC4 Northern Virginia Reporter

Keynote Speaker
Regina S. James, M.D.
Chief, Division of Diversity & Health Equity and Deputy Medical Director, American Psychiatric Association

Co-Presented By:

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