CAMP ACHVA 2020

Camp Achva
 Powered by Pozez JCC
2020 • 5780

Pozef Jewish Community Center of Northern Virginia
8900 Little River Turnpike • Fairfax, VA 22031
theJ.org • 703.323.0880

→ THEJ.ORG/CAMP
ABOUT CAMP ACHVA

Camp Achva at the Pozez JCC of Northern Virginia provides fun and formative summer experiences for school-age children in grades K–12. Since 1969, Camp Achva is the premier Jewish day camp in Northern Virginia. Following a traditional day camp model, our vision is to create a safe space for campers and staff to learn and grow through building relationships with one another, engaging in meaningful programming, and embracing old and new camp traditions infused with Jewish culture.

Through daily scheduling, field trips, special events, and leadership opportunities, campers from our youngest to our oldest will look forward to augmented programming each year until they reach LIT-status (Leaders-in-Training), and ultimately join our staff.

CAMP FAMILIES MEMBERSHIP OPTIONS

Summer 2020 Membership Options (for non J-Family cardholders)

Option 1: Summer Camp 2020 Membership
» $29.00 Activation Fee
» $0 Enrollment Fee (Regularly $99)
» 3 months @ $118/month June 1–August 31
» Membership Auto-Cancels on August 31

Option 2: J-Family Membership (Household, 2 Adults and Unlimited Children) Month-to-Month
» $29.00 Activation Fee
» Call 703.537.3007 for Current Enrollment Fee & Membership Rate
» Continues Month-to-Month; Cancel at any time with 30-day’s notice

With either option, members receive full access to the new, J-Fit Health Club which includes more than 30+ fitness classes throughout the week, heated indoor pool, outdoor and indoor high intensity interval training (HIIT) spaces, Spin® studio, and so much more!
**NEW! FOR SUMMER 2020**

**Tikvah Sr. — A Tikvah experience for rising 10th–12th graders:**
With the success of last summer’s introduction of Tikvah for rising 7th–10th graders with ID/DD, the program has been expanded to include rising 11th and 12th graders for summer 2020! Tikvah campers experience Camp Achva activities while also working on social skills development, life skills, and self-awareness.

**TWO Sessions of Omanoot — Camp Achva’s theatre camp:** In 2020, Omanoot will be split into two sessions with a full-scale production occurring at the end of each of the 4-weeks. This model provides campers with the option of participating in both camp programs — Omanoot and Achva — or any other summer adventure that may fill your calendar. Campers cast in either show experience an intensive 4-week program featuring rehearsing, set building, group bonding, and one field trip. Our drama-lovers who crave a full 8-weeks of theatre are, of course, are encouraged to sign up for both sessions!

**OUR CAMPS**

Yeladim • Tzofim • Chalutzim • Amitzim • Giborim • L.I.T. • Omanoot Apprentice • Omanoot • J-Dance • Kadima • Tikvah

Here are some things you need to know about all of our camps:
1. They fill up quickly — register early to ensure your child’s space is reserved.
2. Campers are encouraged to sign up for multiple sessions in order to maximize their camp experiences and build relationships with other campers and staff.
3. The camp day, unless otherwise noted, runs from 9am to 4pm. We start our day with mifkad (an all-camp gathering to get the energy flowing with dancing, daily announcements, Hebrew-word-of-the-day, etc.) and end our day with carpool.
4. Before- and After-Camp Care is available as an add-on between 7:30am–9am and 4pm–6pm.
5. Campers should come to camp every day with a bagged nut-free, meatless lunch (i.e. dairy or vegetarian) unless registered for camp lunch.
6. All campers are required to wear sneakers and bring a reusable water bottle that they can fill throughout the day, every day.
7. All campers are required to bring a bathing suit, towel, goggles, and a change of clothes to camp each day.

**INCLUSION**

Camp Achva supports the inclusion of all children in camp, regardless of one’s physical or social needs. Camp is a place to learn, grow, and have fun! If your child needs additional support to ensure a successful summer in Camp Achva, we can arrange for an Inclusion Support Staff (Shadow) at an additional cost. Priority will be given to campers who register by May 9 for either the full summer or a 4-week session. We look forward to supporting you and your child for a successful and fun-filled summer! Please contact Arlene.Lechner@theJ.org or 703.537.3032, to arrange for an Inclusion Support Staff or for any other accommodations.

**AQUATICS**

Each week, campers will have the opportunity to swim in our 25-meter indoor-heated pool. Campers must bring a labeled bathing suit, towel, and goggles each day. For swim lessons, all campers with hair longer than shoulder-length must have their hair in a ponytail. The Aquatics Department does not keep extra supplies of bathing suits, towels, or goggles. Swimmers who do not have the appropriate swim attire will not be able to swim.
CONTACTS

Camp Hotline  Camp Email
703.537.3092  CampAchva@theJ.org

Director
Rich.Dinetz@theJ.org • 703.537.3091

Assistant Director
Anat.Litwok@theJ.org • 703.537.3041

Special Needs & Inclusion Director
Jessica.Tischler@theJ.org • 703.537.3031

Special Needs & Inclusion Assistant Director
Arlene.Lechner@theJ.org • 703.537.3032

J-Dance Coordinator
Brenda.Galloway@theJ.org • 703.537.3057

Aquatics Director
Teo.Albu@theJ.org • 703.537.3053

Billing & Accounts Manager
Adi.Crowley@theJ.org • 703.537.3077

CAMP ACHVA GENERAL CAMPS — PAGE 5

Full Summer (8 weeks): June 22–August 14
1st Session (4 weeks): June 22–July 17
2nd Session (4 weeks): July 20–August 14

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<th>Grades</th>
<th>Camp Name</th>
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<td>K</td>
<td>Yeladim</td>
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<td>2–3</td>
<td>Chalutzim</td>
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<td>6–8</td>
<td>Giborim</td>
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KADIMA & TIKVA — PAGE 6

Full Summer (8 weeks): June 22–August 14
1st Session (4 weeks): June 22–July 17
2nd Session (4 weeks): July 20–August 14

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<tr>
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<td>1–3</td>
<td>Kadima Jr.</td>
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<td>10–12</td>
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J-DANCE & OMANOOT — PAGE 7

2-Week Dance Camp
Weeks 1–2: June 22–July 3
K–3 Westward Ho!
Omanoot Apprentice Camp
Weeks 1–4: June 22–July 17
K–2 Broadway Theatre Dance
Omanoot Theatre Camp
Weeks 1–4: June 22–July 17
3–8 Lion King Jr.
2-Week Dance Camp
Weeks 5–6: July 20–July 31
K–3 Dancing Around the World
Omanoot Apprentice Camp
Weeks 5–8: July 20–August 14
K–3 Broadway Theatre Dance
Omanoot Theatre Camp
Weeks 5–8: July 20–August 14
3–8 Willy Wonka Jr.
**Yeladim**
**Weeks 1–8: June 22–August 14**
**Rising Kindergartners**
Our youngest campers participate in a variety of camp specialties throughout the day, such as arts & crafts, cooking, Israeli culture, sports, martial arts, instructional swim, and more. Special in-house events supplement their programming throughout the summer. Each day also includes free-play and snack time for a well-balanced camp day.

- **Full Summer (8 weeks)**: Cost: $2,760
- **Per Session (4 weeks)**: Cost: $1,400
- **Per Week**: Cost: $360

**Tzofim**
**Weeks 1–8: June 22–August 14**
**Rising 1st graders**
Like *Yeladim*, *Tzofim* campers participate in a variety of camp specialties throughout the day, such as arts & crafts, cooking, Israeli culture, sports, martial arts, instructional swim, and more. In-house events and one field trip per session supplement their summer programming. Each day also includes free-play and snack time for a well-balanced camp day.

- **Full Summer (8 weeks)**: Cost: $2,850
- **Per Session (4 weeks)**: Cost: $1,460
- **Per Week**: Cost: $375

**Chalutzim**
**Weeks 1–8: June 22–August 14**
**Rising 2nd & 3rd graders**
Campers in Chalutzim enjoy camp activities each day, including instructional swim, archery, and woodworking. Each session features a collection of field trips and in-house events to help build comradery and friendships amongst campers in order to create a close knit *kehilah* (community).

- **Full Summer (8 weeks)**: Cost: $3,630
- **Per Session (4 weeks)**: Cost: $1,850
- **Per Week**: Cost: $470

**Amitzim**
**Weeks 1–8: June 22–August 14**
**Rising 4th & 5th graders**
Campers in *Amitzim* participate in the large variety of specialties that camp has to offer in addition to receiving instructional swim. Campers enjoy one to two field trips or in-house events weekly.

- **Full Summer (8 weeks)**: Cost: $3,780
- **Per Session (4 weeks)**: Cost: $1,920
- **Per Week**: Cost: $490

**Giborim**
**Weeks 1–8: June 22–August 14**
**Rising 6th–8th graders**
Our middle-school program is designed to engage campers in a wide range of experiences in and out of the building. Campers gain the opportunity to pick and choose many of their in-camp activities each week, as well as embark on a variety of day trips and extended-day trips throughout the summer.

- **Full Summer (8 weeks)**: Cost: $3,950
- **Per Session (4 weeks)**: Cost: $2,010
- **Per Week**: Cost: $515

**L.I.T (Leaders-in-Training)**
**Weeks 1–8: June 22–August 14**
**Rising 9th & 10th graders**
Motivated and enthusiastic teens can make the most of their summer as Leaders-in-Training (LIT) at camp! LITs gain valuable leadership and employment skills while also having a ton of fun. LITs learn how to be positive role models by developing skills, creating bonds with campers and staff, building community amongst their peers, and experiencing leadership training sessions. Once LIT registrations are received, teens will be called in for an interview prior to the start of summer.

- **Full Summer (8 weeks)**: Cost: $2,160
- **Per Session (4 weeks)**: Cost: $1,100
- **Per Week**: Cost: $290
**Tikvah Jr.**
*Rising 7th-9th Graders*
Session 1 (weeks 1–4): June 22–July 17
Session 2 (weeks 5–8): July 20–August 14

Tikvah is a fun, activity-based program designed to keep teens busy throughout the summer while offering a variety of traditional and skill-based activities in a supportive environment. Rising 7th–12th graders with ID/DD (Intellectual Disabilities/ Developmental Disabilities) will have the opportunity to experience Camp Achva both inside and outside of the building with activities ranging from free swim, cooking, and archery to an array of field trips. We will be out and about in the community multiple days during the week taking fun outings that include classic camp trips, community service projects, working together on team building skills, and much more! Although the main goal of this camp is to kick back and enjoy summer, we will naturally be working on social skills development, life skills, vocational skills (Tikvah Sr.) and self-awareness.

**Admission Process:** Each new child who submits an application must have an interview. Applications are dated and time-stamped. Space is limited! A 5% discount will be applied to campers attending all 8 weeks of Tikvah.

**Cost per session (4 weeks):** $2,195

**Kadima Jr.**
*Rising 1st–3rd Graders*
Session 1 (weeks 1–4): June 22–July 17
Session 2 (weeks 5–8): July 20–August 14

Kadima is a recreational social skills program for children with high-functioning Autism. Kadima’s mission is to improve social and emotional skills in a safe and nurturing environment. The camp is designed to provide opportunities to build self-esteem, social competence, independence skills, self-awareness, and to foster positive relationships. Campers learn and grow dynamically as the camp is designed for social success in an inclusive environment.

Parent meetings provide the opportunity to receive feedback on their children as well as serve as a forum for questions and building camaraderie with other Kadima families.

The camp day includes social skills lessons in conjunction with general camp activities such as swim, sports, arts and crafts, music, cooking, and much more! Both groups will go on a field trip once a week, and rising 4th–6th graders will go on an overnight trip.

**Social Skills curriculum includes but is not limited to:**
- Team-building and teamwork
- Winning/losing
- Flexibility
- Impulse control
- Coping strategies
- Anger management
- Friendship building
- Conversation skills
- Personal awareness

**Admission Process:** Each new child who submits an application to Kadima must have an interview. Applications are dated and time-stamped. Space is limited, register early.

**Cost per session (4 weeks):** $2,400
A 5% discount will be applied to campers attending all 8 weeks of Kadima.

**Tikvah Sr.**
*Rising 10th–12th Graders*
Session 1 (weeks 1–4): June 22–July 17
Session 2 (weeks 5–8): July 20–August 14

Tikvah is a fun, activity-based program designed to keep teens busy throughout the summer while offering a variety of traditional and skill-based activities in a supportive environment. Rising 7th–12th graders with ID/DD (Intellectual Disabilities/ Developmental Disabilities) will have the opportunity to experience Camp Achva both inside and outside of the building with activities ranging from free swim, cooking, and archery to an array of field trips. We will be out and about in the community multiple days during the week taking fun outings that include classic camp trips, community service projects, working together on team building skills, and much more! Although the main goal of this camp is to kick back and enjoy summer, we will naturally be working on social skills development, life skills, vocational skills (Tikvah Sr.) and self-awareness.

**Admission Process:** Each new child who submits an application must have an interview. Applications are dated and time-stamped. Space is limited!

**Cost per session (4 weeks):** $2,195
A 5% discount will be applied to campers attending all 8 weeks.
2-Week J-Dance Camps
Come experience the joy of dance! J-Dance is committed to instilling, developing, and nurturing a respect and passion for the art of dance within each of our students. We inspire campers of all skill levels to excel to their fullest potential in a fun, healthy, and safe environment.

Westward Ho!
Weeks 1–2: June 22–July 3
Rising Kindergarten–3rd graders
Hook up your wagon, saddle up your horse, grab your spurs and lariat as we head out west. We’ll be “panning” for gold and doing some cattle wrangling along with line dancing and square dancing. We’ll be dancing to songs from Toy Story and Oklahoma. Even if we’re lassoing at the rodeo, we’ll still have plenty of time to go to ye ole swimming hole and take a trip on the “prairie.”
Cost per session (2 weeks): $980

Dancing Around the World
Weeks 5–6: July 20–July 31
Rising Kindergarten–3rd graders
Pack your suitcase and board our J-Dance plane to visit countries around the world for a cosmopolitan dancing tour! Our itinerary includes countries such as Spain with a flair for Flamenco dancing. Perhaps you’ll Can Can when we stop in France. We’ll have a brief layover in Scotland where we’ll do a little Scottish Fling. How about a try at “Tinikling” when we visit the Philippines? When we fly to South America, we’ll tackle the tricky Tango when we arrive in Argentina. Of course, we will take some “side trips” full of fun activities and spend some time frolicking in the J’s pool.
Cost per session (2 weeks): $980

Broadway Theatre Dance Camp (Omanoot Apprentice Camp)
Session 1 (weeks 1–4): June 22–July 17
Session 2 (weeks 5–8): July 20–August 14
Rising Kindergarten – 2nd graders
If you’re drawn to the footlights or enjoy being in the spotlight, Broadway Theatre Dance Camp is for you. We will introduce you to many of the popular musicals that have been on- and off-Broadway through dancing, theatre games, and crafts. In addition, if you are an apprentice with the Omanoot Theatre Camp, you will learn a role to be performed in the Omanoot theatre performance (Thursday, July 16 at 6:30pm, and Thursday, August 13 at 6:30pm). During “intermission” time, we’ll be swimming and taking a field trip.
Cost per session (4 weeks): $1,960

Omanoot Theatre Camp
Lion King Jr. (weeks 1–4): June 22–July 17
Willy Wonka Jr. (weeks 5–8): July 20–August 14
Rising 3rd–8th graders
Join Omanoot — a camp of theatre, friendship, and camaraderie — for two separate 4-week shows this summer! Whether you’re a theatre pro or just beginning, these four weeks of camp consisting of auditions, rehearsals, set-building, and a field trip will give you the ultimate theatre experience, while still leaving time for other adventures throughout the summer. All drama lovers are welcome and encouraged to sign up for both shows!
NOTE: The performance of Lion King Jr. will be held Thursday, July 16 at 6:30pm. The performance of Willy Wonka Jr. will be held Thursday, August 13 at 6:30pm.
Cast members must be available for the performance(s) in the sessions(s) they sign up for.
Cost per session (4-weeks): $1,960
ADD-ONS

Before- and After-Camp Care!
Designed to meet the needs of our busy camp families! Curbside drop-off is available during our morning program. Before- and After-Camp Care is only available for camp families.

Morning (AM): 7:30am–9am
One-week cost: $80

Afternoon (PM): 4pm–6pm
One-week cost: $105

AM & PM
One-week cost: $170

Transportation
We are pleased to offer transportation to/from camp from select locations in the Arlington/Alexandria area for an additional cost. Space is limited, if you’d like to take advantage of this exciting offering, please inform the Camp Office as soon as possible in addition to adding this service to your child’s camp registration form. Transportation registration is available for 4-week and 8-week registrations only. Pick-up/drop-off times will be determined and communicated to families in early June.

Arlington (Etz Chayim Congregation)
Full summer cost (8 weeks): $500
Session cost (4 weeks): $250

Alexandria (Agudas Achim Congregation)
Full summer cost (8 weeks): $500
Session cost (4 weeks): $250

Camp Lunch
Lunch is available each camp day at an additional cost via weekly, session, or full summer registration. For the menu, visit theJ.org/camp.
Full summer cost (8-weeks) $320
Session cost (4-weeks): $160
One-week cost: $40
SUMMER SHLICHIM HOUSING NEEDED

Each summer, Camp Achva is thrilled to welcome shlichim (Israeli emissaries) to Northern Virginia. These young adults bring Israel to the Camp Achva experience and can do the same in your home. Families who have hosted shlichim in the past will tell you what an enriching experience it is. The shlichim arrive in mid-June and stay through the end of August. If you would like the opportunity to host one of these amazing Israelis, please contact Anat.Litwok@theJ.org.

JCC MACCABI® EXPERIENCE

Contact: Jordyn.Barry@theJ.org, 703.537.3010

JCC Maccabi Games® and ArtsFest®

JCC Maccabi Games® are an “Olympic-style” event where teens participate in sports competitions as well as a festival of arts and culture. Designed to provide Jewish youth with a life-changing experience among thousands of peers, JCC Maccabi® fosters mutual respect and sportsmanship while cultivating a deeper appreciation of Jewish values and community. Contact us about the 2020 JCC Maccabi Games® and Artsfest®. Visit theJ.org for more information or contact Jordyn.Barry@theJ.org.

JCC Maccabi Games® Sports Offered: Baseball, Basketball, Flag Football, Ice Hockey, Lacrosse, Soccer, Volleyball, Competitive Dance, Golf, Swimming, Table Tennis, Tennis, Track and Field, and Ultimate Frisbee

JCC Maccabi ArtsFest® Specialties Offered: Acting/Improv, Dance, Musical Theatre, Rock Band, Social Media Squad, Star Reporter, Visual Arts, and Vocal Music
INFORMATION AND RULES FOR ALL CAMPS

Please read carefully before you complete your camper’s registration.

Priority Registration: Registrations are processed in the order in which they are received. Enrollment is on a first-come, first-served basis. Pozez JCC membership is required to attend camp. Membership must be active and remain current throughout the duration of your child’s summer camp. For information on membership, please contact the Membership Department at membership@theJ.org.

Limited Enrollment: Due to Fairfax County licensing requirements, each session has a fixed maximum number of campers that can be accommodated. Parents will be notified if they are put on a waitlist. For the safety of our campers, enrollment cannot be expanded beyond capacity. Please register early to ensure your placement. There is a separate waitlist for each camp. Slots are filled as space becomes available per camp. All programs are contingent upon minimum enrollment.

Registration Fee: A $50, one-time per camper, non-refundable registration fee must accompany each registration.

Deposits & Tuition: Camp deposits and tuition are non-refundable. See Cancellation Policy below for more details. A $250 deposit per child is required with each registration. Deposits will be applied towards total camp fees. Total fees and required documents are due by May 9, 2020. Registrations received after May 9 must be accompanied by all documents and full payment upon receipt. Camp Fees may be paid by check, payable to “Pozez JCC,” or charged on VISA, MasterCard, Discover, and American Express. A 2% processing fee will be charged for all credit card transactions, and no fee if paid by check. Delinquent invoices (paid seven days, or more, after the deadline) will be charged a 5% late fee. For more information, please contact Adi Eilat Crowley at Adi.Crowley@theJ.org or 703.537.3077.

Registration Changes: If a participant wishes to make any changes to their registration after their registration has already been submitted, a $40 administrative fee will be applied. Additionally, if changes must be made during the summer, notification is required by Wednesday of the previous camp week. Any changes in full summer or session registrations will be recalculated to reflect individual full weekly rates.

Cancellation Policy: Camp deposits, registration fees, and tuition are non-refundable. In the event a family must cancel their registration, a written request must be submitted to the Camp Director.

Financial Assistance: To request information related to financial assistance, please contact Adi Eilat Crowley at Adi.Crowley@theJ.org or 703.537.3077.

Camp Documents: All camp forms and documents MUST be submitted in full by May 9, 2020. Should you register after May 9, all forms and documents MUST be received in full at the time of registration. This includes ‘Proof of Birth’ and the Full School Entrance Health Form record of up-to-date immunizations (no exemptions to immunizations accepted). No camper is able to attend camp without up-to-date forms and necessary documents on file as per Virginia State Licensing.

Camp Life: Every effort will be made to ensure that campers are able to adjust to camp life, participate in scheduled activities, and accept direction from staff. If they are unable to adjust, they will be asked to withdraw at the discretion of the director and in consultation with the parents.

Summer & Sun: We encourage all families to apply sunscreen to their campers each day before arrival at camp. Camp Achva provides sunscreen for all campers for reapplication as necessary. Detailed product information will be available upon request. Families may elect to send in their own sunscreen or use the brand provided by camp.

Snack: Please note that only campers registered for After-Camp Care will receive snack provided by Camp Achva. Please send your camper with enough nut-free snacks in their lunches to provide them with a morning and afternoon snack.

Lunch: Campers providing their own lunch must bring a nut-free, meatless (dairy, vegetarian, or pareve) lunch; no meat, poultry, or shellfish. Please refer to your parent manual for suggestions. Camp Lunch is available each day at an additional cost via weekly, session, or full summer registration. To see the menu, visit theJ.org/camp.

On-Site Carpool Procedure: Each family will receive two carpool number cards. Families are required to show these cards when picking up children.
Need Before— or After—School Care?

Grades K-6

When camp ends, you can still have fun with your summer camp friends!

BASE offers:

• Safe, educational, and friendly atmosphere
• Homework help from staff
• Food art and arts and crafts projects
• Free creative play in home base rooms, stocked with age-appropriate toys, games, and books
• Organized sports and team-building activities in our full-sized gymnasium and outside on the playground or field
• Snack provided daily
• Supervised free-swim twice a week in the J’s 25-meter, heated indoor pool

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